

DIRECTORY OF NEWSLETTERS: GRANDMA'S SCOOPS

- March 2008 **Intro. To Grandma's Pantry** - An overview of our products and how to reach us.
- April 2008 **On the Trail** - A description of our tasty Trail Mixes.
- May 2008 **Dip In** - Dip mixes for veggies, fruits, chips and mouthwatering salad dressings. (All are now listed on our website)
- June 2008 **Oodles of Noodles** - Mafalda noodles and a delicious recipe for Skillet Lasagna as well as many of our pastas are mentioned here.
- July 2008 **Easy as Pie** - Confused about thickening products? Here's info. about ClearJel and Thermflo and how to make a great- tasting pie.
- August 2008 **Home Canning** - Cookbooks, jar lids, helpful ingredients and information for canning your summer harvest.
- September 2008 **Gluten-Free** - A gluten-free diet can be very challenging. Here's a recipe for gluten-free pizza crust as well as information on Celiac disease.
- October 2008 **Candy Land** - A variety of candy from the old fashioned to present day as well as sugar free.
- November 2008 **Fruitcake** - Here's a recipe for Christmas Special Fruitcake and Ruth's Favorite Fruitcake.

- December 2008 **Customer Appreciation** - We always want to take time to thank our faithful customers.
- January 2009 **Baking Outside the Mold: An Introduction to Alternative Flours** - This is an article written by Andrew Jenner of the Daily News Record, in Harrisonburg, VA. Here's how to incorporate grains into your diet.
- February 2009 **Chili Bean Soup** - For those cold winter nights, here's a chili recipe that will warm you and your family up using our seven bean mix.
- March 2009 **Easter Candy** - How to make a special Easter basket for that special someone - we've got some great ideas and the possibilities seem endless.
- April 2009 **Go Green!** - Everyone can go green, even at Grandma's Pantry. Go green with our wasabi products.
- May 2009 **Spring Cleaning**-We've added over 300 products to our site. Two categories of products are made right here in Virginia. Check out our Virginia-made honey and maple syrup.
- June 2009 **Mixes for a great Picnic**-Three great mixes for the summer picnic includes an Amish Macaroni Salad mix, a Dutch Potato Salad mix and Pickled Red Beet Mix for pickled eggs. Three quick and easy mixes to make your picnic meal delicious.

- July 2009 **Raisins-** Whether eaten alone, in a trail mix or added to your favorite recipe, raisins are a great way to add healthy nutrition to your diet.
- August 2009 **What About Bob?** - Grandma's Pantry carries a wonderful selection of whole grain products from Bob's Red Mill.
- September 2009 **Molasses vs. Sorghum** -Here is some information that will answer the question of what is the difference between molasses and sorghum.
- October 2009 **Add Some Spice to your Life** – Four spices that give our recipes the flavor of Fall.
- November 2009 **Sprouted Whole Grain Wheat Flour** – Sprouted whole grain wheat flour and its healthy benefits has now been added to our list of specialty flours.
- December 2009 **Be Creative- The Easy Way** – There are many ways to add color and creativity to baked desserts for the non-professional baker.
- January 2010 **Thank You From Grandma's Pantry-** Thanks to our customers for a great year.
- February 2010 **Sweets for your Sweetie** – Chocolate has long been associated with romance, love and passion.
- March 2010 **Easter Baskets are Springing Up** – Many of you like to make home-made candy treats for that special Easter basket.

- April 2010 **Sprouted Whole Grain Wheat Flour-Part 2** –The “how to’s” of sprouting your own wheat berries and milling your own flour.
- May 2010 **There’s Always Room for ...Gelatin** – Here is a list of tips and hints for the proper use of gelatin and a recipe for Apricot Aspic.
- June 2010 **Southern Hospitality Goes Green** – A recipe for cooking Southern Style Green Beans.
- July 2010 **We All Scream for Ice Cream-** A delicious way to make ice cream.
- August 2010 **Books for Cooks-** “Mennonite Country-Style Recipes and Kitchen Secrets” is a cookbook written by a local lady of Harrisonburg, VA, Esther Shank.
- September 2010 **Specialty Cookbooks-** A sampling of dietary specialty cookbooks that are available at Grandma’s Pantry.